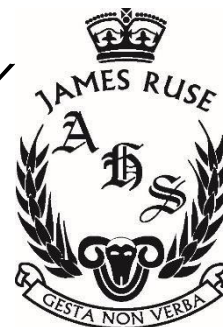


James Ruse Agricultural High School

NEWSLETTER

Web Site <https://jamesruse-h.schools.nsw.gov.au>



Issue 30 of 2018

Friday 26 October 2018

Principal's report

A record number of invitations have been received this year to the Science Olympiad Scholar Schools. At this stage the following students have received this honour.

Congratulations to all students but also special applause to students who have received multiple invitations.

Chemistry:

Richard Huang (10)
Sariena Ye (10)
Alex Phan (10)
Nikki Nguyen (10)
David Lee (11)
Eagan Jiang (11)
Rishabh Singh (11)

Physics:

Ella Huang (10)
Timmy Yao (11)
Min Je Hwang(11)
Andrew Li (10)

Biology:

Manvek Jawanda (10)
Russell He (10)
Wilson Jiang (10)
Helen Han (11)

Earth and Environmental Science:

Jason Liu (9)
Michihiko Killalea (9)
David Kim (9)
Sharon Thio (11)
Edwin Xu (11)

We have also received four invitations to the Informatics Scholar School and one to the Mathematics Scholar School. Congratulations to the following students:

Informatics

Timmy Yao (11)
Andrew Li (10L)
Jason Liu (9)
Ameya Deshpande (9)

Mathematics

Yasiru Jayasooriya

Congratulations to our students who have entered their research projects into the 2018 STANSW Young Scientist Awards and successfully received a prize. It is fabulous to see students entering the research they completed as part of their Science Depth Studies into this competition. Thank you to all their teachers and also to Ms Kong, Ms Fernandez & Ms Jayanthi. Ms Bedwany will attend the presentations in Wollongong.

William Yang (8)
Vincent Ng (8)
Frances Kan (8)

Paul Kim (11)
Bob Chen (11)
Wallace Luong (11)
Sabrina Mock (11)
Bruce Chen (11)

Congratulations to Dr Yvonne Lo on being re-elected as the President of our CoJR P&C and congratulations to our new committee members. Thank you to Mrs Heather Weber, Head Teacher of Mathematics, who presented to the Community Forum meeting explaining the changes ahead for the new Mathematics syllabuses (beginning with Year 11 2019). Thank you also to Charlie Yang and Abha Gourshettiwar for presenting their student report.

Many students will have looked forward to and read our school magazine, RUSESTAR. This term our publishing team have also created a magazine edition with study tips for the upcoming exams. Parents please ask your students to bring home a copy - it is a superb publication.

As the Year 7-10 exams approach, please encourage your child to create a study plan / timetable for the next few weeks. Sleep is still very important and all students must have at least 8 hours of sleep each day. If you are concerned that your son or daughter is very anxious please try to put the exams into perspective - junior exams are only about practice and have no impact on future learning or success. Please also contact your child's year advisor if you are concerned.

Year 7 Ms Milena Romic

Year 8 Mr Garry Ng

Year 9 Ms Ally Korch

Year 10 Ms Margaret Ramsay

Mr Wong, our school counsellor is running our Resourceful Adolescent Program for parents. This is a fabulous program to help parents support their children through what are often difficult teenage years. A number of years ago we ran this program for parents and it was considered highly successful - please consider bringing a friend and doing this great course.

RESOURCEFUL ADOLESCENT PROGRAM - FOR PARENTS (RAP-P)

WHEN:

Week 6 20/11/18 Tue from 9:30 to 11:30 a.m.

Week 7 27/11/18 Tue from 9:30 to 11:30 a.m.

Week 8 7/12/2018 Fri from 9:30 to 11:30 a.m.

WHERE: in the Conference Room, Barrengarry House (The Admin Block) (upstairs), James Ruse.

On Monday 3rd December we will share and celebrate our End of Year concert at The Concourse @ Chatswood. This event is the highlight of our Musical calendar.

S A V E the D A T E
End of Year Concert
Monday 3rd December 2018
The Concourse, Chatswood
6:30 - 9:00pm

Coming Events

Week 3B

HSC Exams continue and Year 8 VALID

Monday October 29th

Year 7 Vaccinations

Thursday November 1st

Year 8 Meeting Period 6 and 7

Friday November 2nd

Excursions for English Extension 2 and Science Extension students.

Week 4A

Year 8 and 10 Exams

Wednesday November 7th

Year 9 and 11 Meet the Music

Friday November 9th

Year 11 Biology Excursion to UNSW Museum of Disease and Genetics.

Have a wonderful week

Megan Connors

Music Update

End of Year School Concert-Highlight of the James Ruse Musical Calendar

S A V E the D A T E
Monday 3rd December 2018
6:30 - 9:00pm

Come and join all the James Ruse family at our end of year School Concert.

See our fantastic bands and talented elective music students perform at our unique new venue, The Concourse Chatswood at 409 Victoria Avenue, Chatswood.

The wonderful Year 7 Choir will also be performing for the first time!

Tickets will be \$20 and will be available from the Accounts office during November.

Watch this space for further details regarding this amazing end of year Concert!



English Update

Real Talk Spoken Poetry Workshops

Last term, seven Year 10 students participated in the Real Talk Spoken Poetry Workshops run by Bankstown Poetry Slam.

Every week, students would focus on new writing techniques, engage with important world issues and develop their own original work.

Reena Chen, Amanda Shi and Sally Sun were invited to perform their original pieces at the Real Talk Finale where they competed against students from 14 schools. Their performances were moving, engaging and extremely creative. Sally was named as one of the four winners and will be competing at the Bankstown Poetry Slam Finale in December.

Matthew Ku, who participated in the program last year and was one of the four winners in 2017, was invited to judge the performances along with Benjamin Law, Sarah Ayoub and Winnie Dunn.



Milena Romic
English Teacher

PE Update

Badminton

Kelly Xu represented Castle Hill RSL Badminton Club and achieved the following outstanding results:

Badminton Australia National Ranking (18/07/2018)

Last updated Wednesday, October 17, 2018

2018 Highest Achievements:

Category	Rank	Points
<u>Women's singles</u>	5	11960
<u>Women's doubles</u>	11	10550
<u>Mixed doubles</u>	7	13710

2018 NATIONAL JUNIOR SQUAD
National U17 Youth Development Squad
Kelly Xu NSW

NATIONAL ACHIEVEMENTS
Australian Junior International 2018
(September 13 -16th, 2018 at Perth)

GD 3/4



2018 ASIA-PACIFIC U19 TEAM CHAMPIONSHIPS

(September 11 -12th, 2018 at Perth WA)

Member of Australia Green Team Runner Up



2018 Australian Under 19 National Championships (Individual Event)

(July 11 -14th, 2018 at Hobart, TAS)

<ul style="list-style-type: none">○ <i>GS Runner up</i>○ <i>GD Semi-Final</i>○ <i>XD Runner up</i>	
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2018 CP Maddern Trophy (2018 Australian U19 National Team Event)

(July 7 -10th, 2018 at Hobart, TAS)

Member NSW Thunder Team



2018 Australia and New Zealand U17 National Championships (Individual Event)

(April 19 -22th, 2018 at Invercargill New Zealand)

- | |
|--|
| <ul style="list-style-type: none">○ GS Runner up○ GD Winner○ XD Runner up |
|--|





ILT Australasian U17 Championships (June Bevan Trophy) 2018

(April 15 -18th, 2018 at Invercargill New Zealand)

Member NSW Thunder Team

Winner



International Tournaments

**BWF CROWN GROUP Australian Open 2018
(International Event)**



**BWF BARFOOT & THOMPSON New Zealand Open 2018
(International Event)**

Well done Kelly!

**Peter Low
Sport & Carnival Organiser**

School Counsellor Update

RESOURCEFUL ADOLESCENT PROGRAM - FOR PARENTS (RAP-P)

WHEN:

Week 6 20/11/18 Tue from 9:30 to 11:30 a.m.

Week 7 27/11/18 Tue from 9:30 to 11:30 a.m.

Week 8 7/12/2018 Fri from 9:30 to 11:30 a.m.

WHERE:

At the Conference Room, Barrengarry House (The Admin Block) (upstairs), James Ruse.

The RAP-P will help you to assist your child to bridge the gap from primary school and childhood to secondary school and adolescence.

RAP-P is for parents of adolescents and the program invites parents to meet, share suggestions and develop positive strategies for enjoying these transition years with your adolescents. Over the three sessions we will cover the following topics:

- **Parents are people too:**

We identify our strengths and ways to manage our stress

- **What makes our Teenagers Tick:**

We learn to understand teenage dilemmas and help teenage development.

- **Positive Family Relationships:**

We learn how to prevent and manage conflict.

Outcomes of the RAP-P

Parents will:

- Learn how to continue to assist their child in the transition to secondary school
- Develop confidence in their parenting skills
- Learn how to manage their stress
- Explore ways to improve the self-esteem of their teenagers
- Learn how to balance their child's needs for both independence and security
- Practise how to prevent and manage conflict with their teenager

If you are interested, please complete the form below and return the form and the \$15.00 (booklet for the workshop) to the accounts office on or before 9/11/2018.

Thank you in advance for your interest in the RAP-P workshop.

Gabriel Wong
School Counsellor

FORM TO BE RETURNED

My name is _____, and my son/daughter is in Yr _____

I will be attending the Resourceful Adolescent Program - for Parents

Signature: _____ Date: _____

Email: _____ (PLEASE PRINT)

CoJR & P&C Update

CoJR P&C



On Tuesday October 23, CoJR P&C held its 2018 Annual General Meeting in the Lecture Theatre. Our presenter for the Community Forum, Ms Heather Weber, helped us familiarise with the upcoming New Year 11 & 12 Mathematics Syllabi being implemented in 2019 and the changes ahead of the new syllabus. Our Maths Department are fully prepared for these changes whilst still maintaining the rigorous Ruse Maths Programme that our children thrive on.

We thank Vice Captains Abha Gourshettiwar and Charlie Yang who shared with us how very busy Ruse students have been in Term 3, mentioning farewelling of the outgoing Year 12s with the Warm Fuzzies, Year 8 Cross Curriculum projects, 3 on 3 soccer and the Illuminate Events. They also spoke about the importance of wellbeing for the students and the activities that are being done to support this.

On the same night, all 11 CoJR P&C Committee members' positions were vacated for a new CoJR P&C Committee to be elected. Please note the election of two 2019 Year 7 Parent representatives to join this committee will be held in the first CoJR P&C meeting in February 2019 so if you, or an incoming parent you are aware of, would be interested in these positions, please let us know.

Ms Connors ran the election and the new elected **2018/2019 CoJR P&C Committee** is as follows:

President	Yvonne Lo	Parent of Y8, 10 & 12
Vice President	Alice Ho	Parent of Y9
Vice President	Jacqueline Ku	Parent of Y9 & 10
Secretary	Suzan Meguid	Parent of Y10 & 11
Treasurer	Winton Anton	Parent of Y7 & 10

Committee Members

Carmen Lam	Parent of Y8
Disna Nanayakkara	Parent of Y10
Praba Prabakaran	Parent of Y10
Zeina Etri	Parent of Y7, 9 & 11

Congratulations to CoJR Team 2018/2019 and thank you for re-committing yourselves again. We are all excited about working together again in serving the School and its community.

We also farewelled two valuable CoJR P&C members from the team: Kapila Samarasekara and Gavin Rewell and we thank them for their service and commitment to CoJR P&C.

Gavin Rewell is a 6-year veteran CoJR P&C member and his past roles have been President, Vice President, Secretary and Committee Member. His integrity, reliability, selflessness, continued support and level headedness has helped shape the P&C to what it is today.

Kapila Samarasekara was our Year 7 Parent Representative. We were impressed with his generosity, enthusiasm and positive attitude in embracing all opportunities to help at Ruse events.

Next CoJR P&C Meeting Is Combined With Mothers' Club

When: Thursday November 22 9:45am

Where: to be confirmed

Our next CoJR P&C meeting is a Combined Meeting with Mothers' Club. Please join us at that meeting as this will be an excellent opportunity to meet both CoJR P&C and Mothers' Club committee members at the same venue at the same time.

We will also be incorporating a Ms Connors' Farewell Party in this meeting. Please join us to farewell Ms Connors in person as we wish her every success as she takes up her new position in 2019.

Annual School's Parent Volunteers' Morning Tea

When: Wednesday November 28 9:30am

Where: Staff Common Room

All parents who have helped in any way to the School are invited to come. This will be another opportunity to personally farewell Ms Connors before she leaves.

2018 NSW Curriculum Review - Have Your Say

www.nswcurriculumreview.nesa.nsw.edu.au

The NSW school curriculum is under review. Consultation period is between Sept 3 - Nov 30. As a united front, we ask the Community of James Ruse to actively take this opportunity to voice our views to NESA - specifically supporting the benefits our students are having by being in a co-educational selective school environment. Submitting as many specific and personal examples of the co-educational selective school experience will help

NESA understand how much a selective school education is still a valuable and relevant educational pathway for future gifted and talented children and needs to continue in the NSW Curriculum and National Curriculum.

Quick feedback link: <https://bit.ly/2Q5S0g6>

Online Submission link: <https://bit.ly/2M61Dbj>

Yvonne Lo

President, CoJR P&C

E: cojr12@gmail.com

Presenting
Parramatta City Brass Band
In the
Australian Composers & Arrangers Concert

Featuring:
Grainger, Williams,
Forsyth and much more!

Saturday 17 November 2018
2pm

Venue: Granville Town Hall,
10 Carlton St, Granville

Tickets:
\$15 Adult
\$10 Child (5-12 years)
\$10 Pensioners
\$35 Family (x2 Adult + x2 Child)

Available Online:
trybooking <https://www.trybooking.com/YVLN>

For more information visit:
<https://parracitybrassband.wixsite.com/websitepcb>

Give us a like and follow us on:

 @ParramattaBrassBand  @ParraCityBand  @parracityband